

# September Newsletter

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# PRESIDENT'S LETTER

## Warm Greetings,

I've started and restarted this newsletter more times than I can count. That's because September is **Suicide Prevention Month**—a topic that is both deeply important and emotionally heavy.

During the **Safety 2025 Conference** this summer, I was struck by how many sessions focused on mental health and suicide awareness. I hadn't realized how prevalent these

issues are in the construction and oil & gas industries—until I reflected on my own career and the number of colleagues we've lost too soon due to mental health struggles.

How often do we ask our coworkers how they're doing and hear, "Just hanging in there"? Do we take the time to follow up and ask what they really mean? Are we aware of the mental health resources our companies offer—if any? Do we know what external support is available? Have we heard of <u>988</u>, the national mental health crisis line?

This month, I challenge each of you to take that extra step. Check in with a colleague. Familiarize yourself with the internal and external resources available. Be the listening ear, the kind word, the moment of laughter someone might need. Mental health is no longer a taboo subject—it's a safety issue, and it deserves our attention.

Consider making mental health your safety topic of the month. Invite a company representative or a public health official to speak at your next safety meeting. If your organization doesn't have a dedicated mental health resource, seek out community partners who do.

You matter. Your coworkers matter. Let's take the time to be there for one another.

Respectfully,

Heather Ferrell, CSP President, Permian Basin American Society of Safety Professionals

## **MEMBERSHIP UPDATES**

#### **New Members, Welcome!**

- Megan Brown
- Crissy Salcido, CSHO
- Lisabeth Abrams
- Jessica Lopez
- Russel Franklin, CSP
- Glenn Silva
- Christopher O'Berry
- John Whitmyer
- Krystal O'Berry
- Kira Warnock

# Long Service Recognition of Chapter Members, Congratulations!

- Randall O'Pittmann, CSP 24 years
- Joseph L. Luttrell, SMP 22 years
- James Allen, CSP, CHMM 31 years
- Manuel Soto 25 years
- Lynn Richardson, CSP 42 years

## **UPCOMING EVENTS**

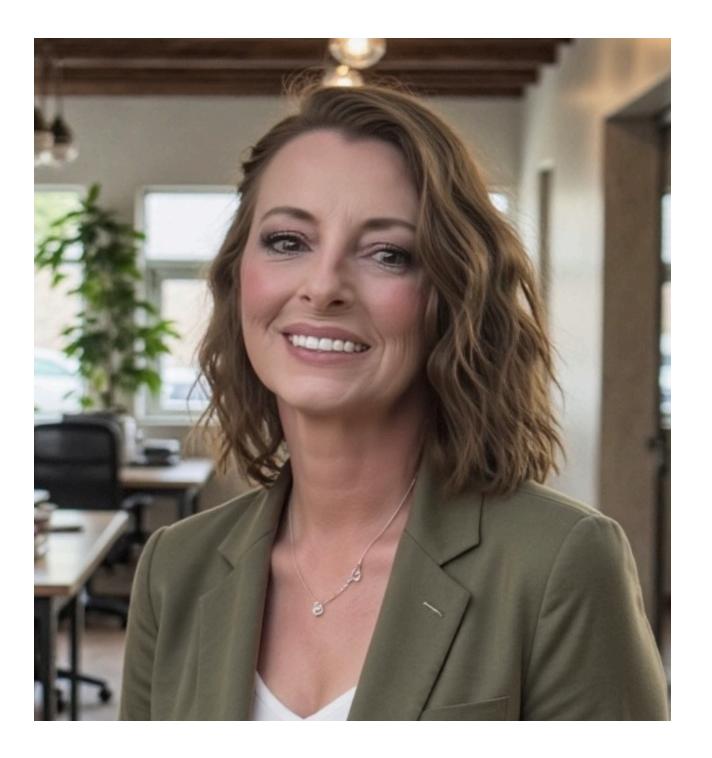
Speaker: Candis Ruiz

Topic: The Impact of Leadership on HSE Culture

Location: Jack E. Brown building, 3600 N. Garfield St., Midland, TX 79705

Time: 11:30 am - 1:00 pm

FREE lunch will start at 11:30 and speaker will start at 11:45.



## 2025 Region III ASSP PDC

September 22,2025 - September 24, 2025

Register: ASSP Region III – American Society of Safety Professionals

## **CAREER OPPORTUNITIES**

We are always looking to network and find out if there are job openings. The jobs must be in an Environment, Health and Safety function. For example: Fleet Safety Manager, Director of Environmental, Health and Safety, Risk Manager, etc.

We will post the jobs to our website at <u>ASSP Permian Basin Chapter – American Society</u> of <u>Safety Professionals</u>. This is done currently at no charge, but the chapter is always accepting donations to help establish our scholarship fund. Your contribution is appreciated.

Please e-mail the job information to <a href="mailto:updates@permianbasin.assp.org">updates@permianbasin.assp.org</a>

Visit the ASSP Permian Basin Jobs Website Page

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