

## **January 2021 Newsletter**

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#### PRESIDENT'S LETTER

#### **Greetings All!**

There were so many things about 2020 that we will always remember. For myself, I will remember watching the NBC Nightly News with Lester Holt. I watched as the world I lived in seemed to be falling apart. It was the year of Covid-19, the pandemic, the year of lockdown. We were on pause. No traveling, no going to school, no family gatherings on the weekends. People lost jobs and homes. The food banks were in desperate need of food and supplies. Friends and family members were sick, loved ones passed.

Years from now, we will be sharing our stories of 2020. For me that will include, the good, the bad, the ugly, and the funny.

Yes, if you know me at all. You know I seek the humor in all things.

Here are a few good and funny memories I have.

The Essential Worker – WOW! The real life Superheroes. The doctors, the nurses that spent hours upon hours caring for the sick. The teachers that

continued teaching. The delivery folks that brought supplies I ordered. The cashiers and sackers at HEB. They put their lives at risk, for me.

Handwashing – As safety professionals, who is with me in thinking – Hygiene - It's about time! How many of us laughed out loud when the media stressed "wash your hands for 20 seconds". Yes, we finally know how to really wash our hands!

PPE – Oh my goodness! An industry term?! Personal Protective Equipment. I'll leave this one alone.

Working from home in pajama bottoms and slippers. Working at my desk, a new standing desk. Who had heard of standing desks before 2020? Certainly not me.

Hand sanitizer being made by tequila companies. Then being put in tequila bottles! I still need one of those.

I missed the KISS, Bon Jovi, and Joan Jet concerts due to cancellation.

Standing in lines and following the marks on the ground. Most found this difficult to follow. Not new for me, I'm in the excavation business!

Selfcare, a new vocabulary word for me. Something I knew was important, but during the pandemic became essential. Finding ways to cope with stress, eating right, moving the body, making sleep a priority, finding ways to connect socially. I had to take a little extra time for me, love me just a little more.

Christmas and New Year celebrations were very low small, very quiet.

Now we are well into January 2021.

What does 2021 look like for our chapter? Our vision and mission have not changed. Our Executive team and Officers continue to work diligently to bring you, our members, even more resources to become better Safety Professionals. For 2020, we invited speakers that were experts in selfcare, how to deal with stress, and how to improve our resumes. We promoted unity and involvement. We addressed issues going on around us. This will continue. We went to virtual meetings. These will also continue. We thank you for staying connected and involved. We thank you for your support. We ask that you stay strong and engaged.

Perhaps the biggest lessons learned in 2020 for me were these:

I really didn't need all the things I thought I needed.

I learned to count my blessings.

I will not take anything for granted.

We will never forget 2020, but let us begin creating an amazing 2021!

From my standing desk to your email,

Stay Safe

Ketha Molina

ASSP Permian Basin President



#### **MEMBERSHIP SURVEY**

#### We Want to Hear From You!

In an effort to continue to provide membership value, we would like to learn more about the needs and interests of our members. Please take about 10 minutes to answer the Permian Basin Chapter Member Survey! Using the feedback from this membership survey, we aim to deliver an exciting and informational events, webinars, meetings and technical talks. We also plan to better understand the demographics of our Chapter, how best to engage with our members, and how we can offer career and networking opportunities.

To participate in the survey, please follow this <u>survey link</u>.

#### **UPCOMING MEETING & EVENTS**

Our regular general chapter meeting is on the 3rd Wednesday of each month. Like and follow our page for upcoming events and links for the virtual general meetings.

#### February Chapter Meeting

Wednesday, February 17 from 11:45 AM – 1:00 PM

#### Follow us on Social Media

LinkedIn: https://www.linkedin.com/in/assp-permian-basin-039754191/

Facebook: search for @PermianBasin.ASSP Twitter: search for @ASSE PB Chapter

### Missed a meeting? Don't worry. All recordings from past meetings are posted on the ASSP Permian Basin Chapter site

https://permianbasin.assp.org/

#### SafetyFOCUS is now virtual!

SafetyFOCUS is an immersion in safety education with industry leaders who cover a wide range of topics that will help you excel at keeping workers in your industry safe.

https://safetyfocus.assp.org/

#### **ASSP's Standards Virtual Event**

One-Day Live Virtual Event - Jan. 27, 2021 | 8:00 a.m. - 3:00 p.m. CT Members - FREE / Non-Members - \$199

Improve your safety management system, manage your fall protection program, control hazardous energy and much more. Add new tools to your safety toolkit, learn from some of the best instructors in the safety profession, earn CEUs and network with your safety colleagues at this unique event.

#### Learn the latest information on these essential topics:

- ANSI/ASSP Z10 and safety management
- ISO 45001
- Fall protection and restraint

- NFPA 70E
- Lockout/Tagout
- Machine safeguarding

Register Now

#### CAREER OPPORTUNITIES

We are always looking to network and find out if there are job openings. The jobs must be in an Environment, Health and Safety function. For example: Fleet Safety Manager, Director of Environmental, Health and Safety, Risk Manager, etc.

We will post the jobs to our website at permianbasin assp.org. This is done currently at no charge, but the chapter is always accepting donations to help establish our scholarship fund. Your contribution is appreciated.

Please e-mail the job information to secretary@permianbasin.assp.org

**Visit the ASSP Career Center Website Page** 



# BISE Presents EHS Execs Jeremy Sheard and Julia Regier. Job Hunting and Virtual Interviewing during a Pandemic

Fri, Jan 29, 2021 11:00 AM - 12:00 PM CST

The workshop will cover topics such as resume advice, resume formatting, and best practices to showcase candidate work history and skillset in the job market. We will also pair the resume workshop with a follow up Interview Tips guide for candidates once they are selected to interview with prospective employers.

Register Now







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